

Advice for patients going home after intravitreal injections

Eye Medication

Chloramphenicol Eye Drops 1 drop 4 times a day for 4 days. Chloramphenicol is an antibiotic and needs to be stored in the refrigerator.

How to apply your eye drops

1. If the eye is sticky, used cooled boiled water to gently clean the lids, taking care not to poke the eye.
2. When putting the eye drops into your eye do not allow the bottle tip to touch your eye.
3. Always wash and dry your hands before putting in the drops.
4. Sit or lie with your head tilted backwards.
5. Gently pull down the lower lid with one finger.
6. Holding the drop bottle on the bridge of your nose or your forehead, squeeze one drop into the eye.
7. Close your eye and gently blot any excess drops with a clean tissue.
8. Do not wash your hair for 3 days after the injection.

Common side effects

- You may experience a gritty sensation for 24hrs and a small black spot which will disappear after 1-2 days
- Potential for some discomfort, bruising / bleeding and you may experience some sensitivity to light
- Should you notice any sudden redness, swelling, sight loss, nausea or vomiting, or intense pain that is not relieved by simple analgesia, please contact the following:

Contact details 9.00am to 5.00pm

Specialist Nurse 01709 424771

Ward B6 01709 424356

Miss Thakur Secretary 01709 426454

Out of Hours please contact the hospital 01709 820000 and ask for the Ophthalmology doctor on call otherwise in an emergency attend A&E.