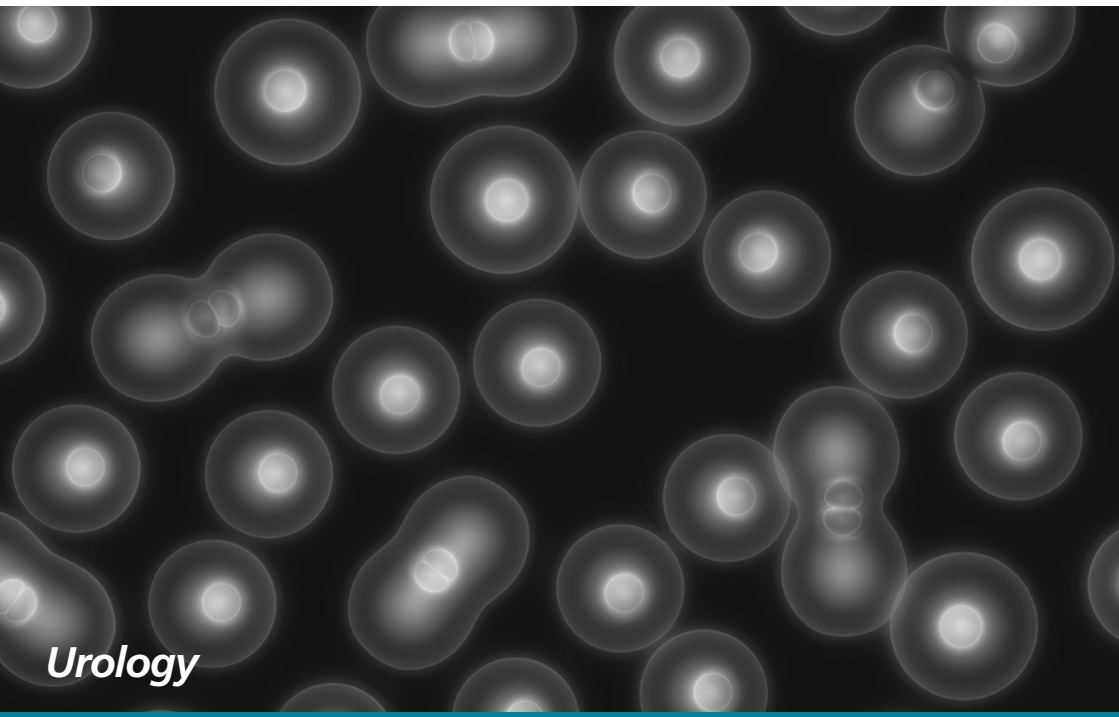


Intravesical Chemotherapy / Immunotherapy



Urology

patient**information**

Hearing about your experience of our services is very important as it means we can pass compliments to our staff and make improvements where necessary. Tell us what you think at feedback@rothgen.nhs.uk

Slovak

Ak vy alebo niekto koho poznáte potrebuje pomoc pri pochopení alebo čítaní tohto dokumentu, prosím kontaktujte nás na vyššie uvedenom čísle alebo nám pošlite e-mail.

Slovensky

Kurdish Sorani

كوردی سۆرائی
نه‌گه‌ر تۆ یان كه‌سێك كه تۆ ده‌بناسی پێویستی به‌یارمه‌تی هه‌بێت یۆ نه‌وه‌ی لهم به‌لگه‌نامه‌ به‌ تێبگات یان بێخۆتێنته‌وه‌، تکه‌یبه‌ په‌یوه‌ندیمان پێوه‌ بکه‌ له‌سه‌ر نه‌و ژماره‌یه‌ی سه‌ره‌وه‌دا یان به‌و نهمه‌یه‌.

Arabic

عربي
إذا كنت أنت أو أي شخص تعرفه بحاجة إلى مساعدة لفهم أو قراءة هذه الوثيقة، الرجاء الاتصال على الرقم اعلاه، أو مراسلتنا عبر البريد الإلكتروني

Urdu

أردو
اگر آپ یا آپ کے جاننے والے کسی شخص کو اس دستاویز کی سمجھنے یا پڑھنے کیلئے مدد کی ضرورت ہے تو برائے مہربانی مندرجہ بالا نمبر پر ہم سے رابطہ کریں یا ہمیں ای میل کریں۔

Farsi

فارسی
اگر جناب عالی یا شخص دیگری که شما او را می شناسید برای خواندن یا فهمیدن این مدارک نیاز به کمک دارد لطفاً با ما بوسیله شماره بالا یا ایمیل تماس حاصل فرمایید.

If you require this document in another language, large print, braille or audio version, please contact Patient Information on 01709 424281 or email patientinformation@rothgen.nhs.uk

This booklet is to help you and your family understand more about the treatment you are about to receive. Please feel free to ask any questions about your treatment at any time.

What is Intravesical Chemotherapy / Immunotherapy?

It is a method of giving drugs directly into the bladder. The drugs used are Mitomycin C, Epirubicin (Chemotherapy) and BCG (Immunotherapy)

Why do I need this treatment?

You have recently been investigated for bladder problems, and you have been found to have some abnormal cells in your bladder. Our bodies are made up of tiny structures called cells which cannot be seen by the naked eye. Normally these cells reproduce themselves by dividing in an orderly fashion, enabling growth and repair of body tissues.

Sometimes uncontrolled growth of cells occurs. This is abnormal and is currently happening in your bladder. It is affecting a few layers of cells on the inner lining of the bladder. Left alone, these abnormal cells may affect more layers of the bladder wall. These abnormal cells are commonly called growths, warts, tumours or superficial cancer cells. The correct term is cancer cells.

What are the benefits?

This treatment reduces the risk of re-occurrence of cancer cells.

Are there any alternatives?

Following your consultation or surgery, your doctor will have discussed this treatment with you and he will have told you that this is the recommended follow on treatment for you at this time.

How will this treatment be given?

You will be asked to attend the Darshane Unit (Urology Department) for treatment over a number of weeks. It is important that your treatment is continuous, so if you are going on holiday please let us know immediately.

On arrival at the department, you will be asked to change into a gown and to empty your bladder. The nurse will take you into a private room for your treatment. A catheter (small plastic tube) will then gently be inserted into your bladder through your urethra (normal opening into your bladder) and the chemotherapy/Immunotherapy drug will be passed through the catheter directly into your bladder. The catheter is then removed.

You will be asked to hold the drug in your bladder for 1 hour. You will then be allowed to empty your bladder as normal (men will be asked to sit down on the toilet for the first time after having the drug instilled).

You must then wash your groin and hands thoroughly after emptying your bladder to remove any traces of the drug. You may then get dressed and go home.

When you go home please have a bath, shower or a good wash again to remove any traces of the drug. This is because if the drug remains on the skin it may cause an irritating rash. Please double flush any toilets you use for 24 hours.

Will there be any side effects?

- You will notice that your urine is discoloured and may feel the need to pass urine more frequently for a couple of days after treatment
- You may experience 'burning' when you pass urine and you may also feel feverish (flu like symptoms) for a couple of days after the treatment
- You may also notice a rash on your hands or groin for a couple of days

All of these side effects are normal. If you experience any of them, try to drink plenty of fluids. Please let your nurse know on your next visit.

If you are worried then please contact your Key Worker, GP or ring the Urology Department for advice (please see contact details at the back of this booklet.

Further questions

Will my hair fall out?

No, it is only your bladder that receives the drug.

Can I continue to work whilst receiving treatment?

Yes, unless you feel unwell.

What about other medications I am taking?

Continue to take any medications you are currently taking.

Can I make love whilst receiving treatment?

We advise that you wait 24 hours after each treatment before resuming lovemaking.

Will I be harming any of my children / grandchildren whilst receiving treatment?

You may cuddle babies and children as normal, your treatment will not cause them any harm.

Is there anything else I can do to help stop these abnormal cells growing?

Yes, research has shown that smoking can encourage these cells to grow. If you do smoke, it is helpful if you can try to stop smoking.

Also, if you cannot attend for your treatment, please let us know so your appointment can be rearranged, and you will not miss any treatment.

Notes

How to contact us

Your Key Worker / Specialist Nurse is

Telephone 01709 426395
(Monday to Friday
9.00am to 5.00pm)

The Darshane Unit

Telephone 01709 424582

Sitwell Ward

Telephone 01709 424462

Switchboard

Telephone 01709 820000

Useful contact numbers

NHS Direct

Telephone 0845 4647

Health Info

Telephone 01709 427190

Stop Smoking Service

Telephone 01709 422444

Patient Services

Telephone 01709 424461

A&E

Telephone 01709 424455

**For GP out of hours,
contact your surgery**

Useful websites

www.nhs.uk
www.direct.gov.uk
www.therotherhamft.nhs.uk

We value your comments

If you have any comments or concerns about the care we have provided please let us know, or alternatively you can write to:

Patient Services

The Rotherham NHS Foundation Trust

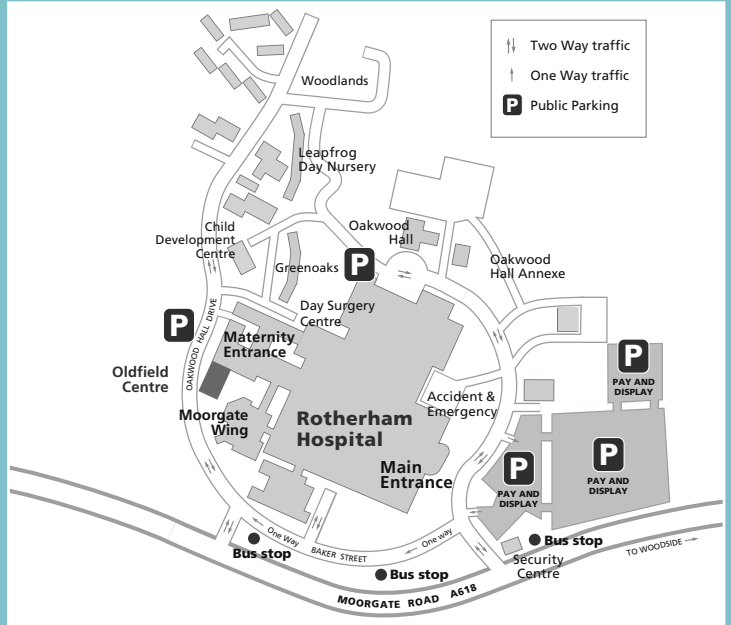
Rotherham Hospital
Moorgate Road
Oakwood
Rotherham
S60 2UD

Telephone 01709 424461

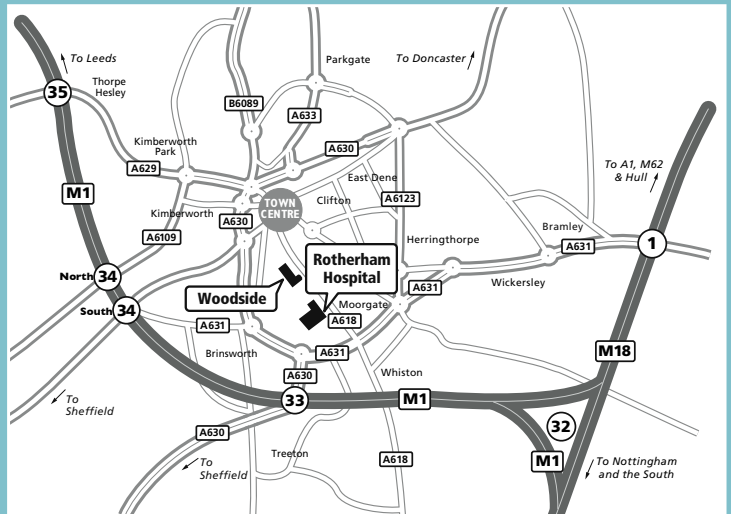
Email complaints@rothgen.nhs.uk

How to find us

Hospital site plan

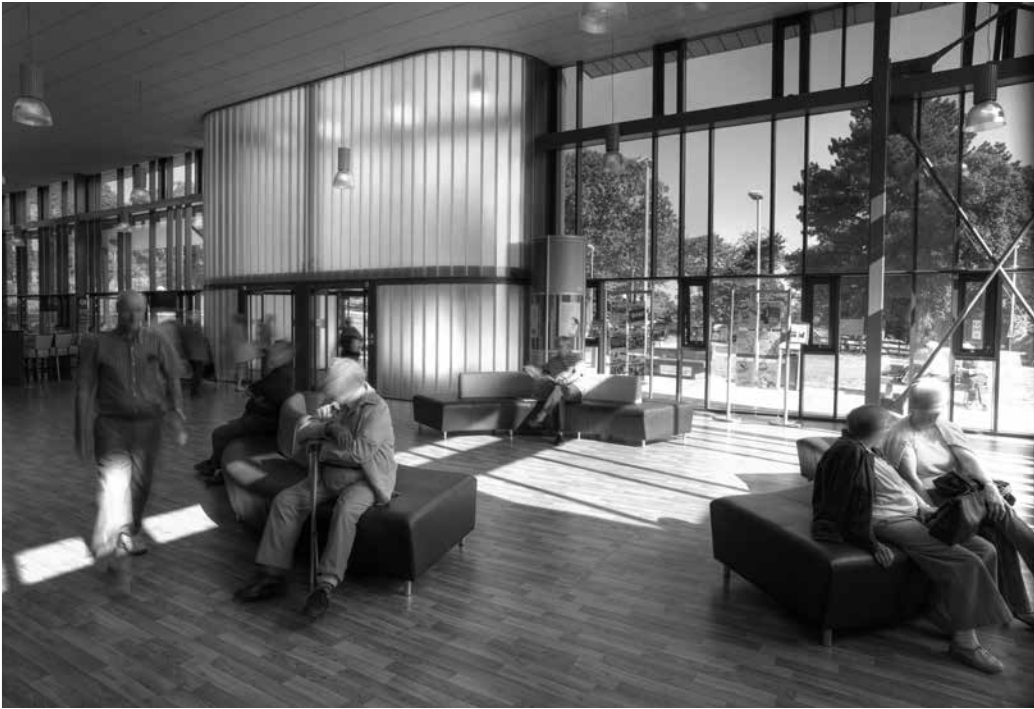


Rotherham main routes





LS 287 04/13 V1 WFO



The Rotherham **NHS**
NHS Foundation Trust

Rotherham Hospital
Moorgate Road
Oakwood
Rotherham
S60 2UD

Telephone 01709 820000
www.therotherhamft.nhs.uk

