Psychosexual Clinic
A service for individuals or couples with sexual and relationship difficulties

Obstetrics & Gynaecology
patientinformation

Your health, your life, your choice, our passion
Hearing about your experience of our services is very important as it means we can pass compliments to our staff and make improvements where necessary. Tell us what you think at feedback@rothgen.nhs.uk

If you require this document in another language, large print, braille or audio version, please contact Patient Information on 01709 424281 or email patientinformation@rothgen.nhs.uk
Many people are apprehensive about attending the clinic, usually because they are unsure of what to expect. This leaflet aims to explain what happens once you have been referred to this service.

**What happens**

**Referral**
When we receive a referral either from your GP, or Consultant, we will contact you to arrange an appointment for assessment. We hope to see you as soon as possible.

**Appointment**
The appointment will take place within the Moorgate Wing, D Level at Rotherham Hospital. On arrival you need to book in at reception.

**The assessment**
The assessment takes around 45 minutes, during which time you will be given the opportunity to tell us about your problem area, background issues, and general health. At the end of the assessment, the therapist will discuss with you options for therapy and/or treatment. You will be fully involved in the decision of how to proceed. The therapist will then write to your referee to inform them of the outcome.
Sexual and relationship therapy is a confidential form of help. Other than communicating with your GP or referee, we will not give your name or any information about you to anyone outside this clinic, without your permission. We also work within the Data Protection Act.

**Supervision**

In order to provide you with the most skilled help, your therapists have regular supervision of their practice. This ensures that we offer you a high level of safety and quality of care as possible.

We want you to feel comfortable about starting your therapy. If you have any objections to having a second co-therapist involved, please let us know as soon as possible. Your appointment may have to be rescheduled.

If you have any complaint to make about this service, please discuss them with your therapist. If this is not possible, you can follow the hospital complaints procedure.
Some general points

● If you are unable to keep an appointment, we ask that you let us know as soon as possible, to allow us to offer that appointment to someone else.

● We ask that you are on time for your appointments

● We do not have creche facilities, so babies and young children should not be brought along to your appointments

● If you are unclear about any aspect of your treatment, please feel free to ask your therapist for further explanations. If you would like to discuss any problems prior to attending, you may contact the clinic for initial advice over the telephone.

About us

This service is provided by the Obstetrics and Gynaecology Directorate at Rotherham Hospital.

We offer assessment and treatment to individuals and couple with all forms of sexual difficulties, both physical and psychological.

All our therapy staff are required to comply with the British Association for Sexual and Relationship Therapy (B.A.S.R.T) Codes of Ethics and Practice. These codes of Ethics and Practice are available for you to read in the clinic waiting room.
How to contact us
Counselling Department
Moorgate Wing
D Level
Rotherham Hospital
Telephone 01709 427636

Switchboard
Telephone 01709 820000

Useful contact numbers
NHS 111 Service
Telephone 111
Health Info
Telephone 01709 427190
Stop Smoking Service
Telephone 01709 422444
A&E
Telephone 01709 424455
For GP out of hours, contact your surgery

Useful websites
www.nhs.uk
www.gov.uk
www.therotherhamft.nhs.uk

We value your comments
If you have any comments or concerns about the care we have provided please let us know, or alternatively you can write to:

Patient Services
The Rotherham NHS Foundation Trust
Rotherham Hospital
Moorgate Road
Oakwood
Rotherham
S60 2UD
Telephone 01709 424461
Email complaints@rothgen.nhs.uk
Hospital site plan

Rotherham main routes
The Rotherham NHS Foundation Trust

Rotherham Hospital
Moorgate Road
Oakwood
Rotherham
S60 2UD

Telephone 01709 820000
www.therotherhamft.nhs.uk