

## Solaraze gel

### Why have I been prescribed this gel?

You have been diagnosed with some areas of sun-damaged skin, which are known as solar or actinic keratosis.

This non-greasy gel is useful in treating these areas.

### How do I use the gel?

Ensure that you have read the leaflet that accompanies the gel and do not have any of the health conditions, which would stop you using it.

- Wash and dry the affected areas before applying the Solaraze
- Apply a thin layer of the gel to the lesions and surrounding skin, twice a day and smooth into the skin gently
- The amount of Solaraze to use will depend on the size of the lesion, but generally 0.5grams (the size of a pea) should be sufficient for one lesion
- Do not allow the cream to get into your eyes or any open cuts or sores. Wash out straight away with clean water if this occurs
- Do not cover the treated areas with a dressing
- Continue to use the Solaraze gel twice a day for 2 months/3 months
- Always wash your hands thoroughly after applying the gel

## **Are there any precautions that may affect me?**

Avoid exposure of the treated areas to the sun or sun lamps while using Solaraze, as this will make your condition worse. When out doors in the sun, cover up with clothing/hats and apply sunscreen to all exposed areas including those treated with Solaraze.

## **Am I likely to experience any side effects?**

It is common to experience a slight skin reaction at the treatment site. This may be itching, dryness or redness of the skin, but should be mild and disappear when treatment finishes. If you experience any severe reactions to the Solaraze or encounter any problems in using it contact the Dermatology Clinical Nurse Specialists for advice on **01709 424735**.

## **Will I need any further treatment?**

Contact your GP for a repeat prescription if you do not have enough cream to complete the treatment. Complete healing of the lesions and the surrounding area may take up to 30 days after you stop using the Solaraze gel.

If you require this document in another language, large print, braille or audio version, please contact Patient Information on 01709 424281.

