

Neurological Outpatients Service at The Park Rehabilitation Centre

The Neurological Outpatients Service offers a variety of holistic, patient-focused assessments, recommendations and goal-orientated rehabilitation for people who experience difficulties managing life as a result of a neurological illness or life-changing injury. The Neurology Therapy Team is made up of specialist Physiotherapists and Occupational Therapists. You may need to see one, or both, of these professions.

Your first appointment may be a telephone or video consultation that can last up to 60 minutes. You can discuss your difficulties with the team who will help identify areas that they can help you with in the management of your condition. Questions about your medical history will be asked, so please have a list of the medications you are currently on available.

Following your assessment you will have the opportunity to set goals with your therapist to work towards. Sessions usually last up to 40 minutes. Please come to your appointment at Park Rehabilitation Centre a few minutes early as there may be a queue at reception.

Depending on your needs, you may benefit from individual therapy or group sessions. Sessions may be carried out by more than one healthcare professional.

Help that can be offered includes:

Physiotherapy

- Assessment of your mobility (finding out how much you can move)
- Providing mobility aids and equipment
- Help with balance training
- Advice on improving quality of movement and function
- Pain management
- Development of an exercise programme including home exercises
- Exercise in the gym and/or hydrotherapy pool

Occupational Therapy

- Assessment and help with your memory, concentration and thinking
- Advice and provision of aids to help at home
- Assessment and advice on improving hand function
- Assessment for and provision of splints or casts
- Assessment and advice on returning to work or driving
- Anxiety management
- Anger management

Additional information

If you are unable to attend please let us know as soon as possible.

If you fail to attend without telling us in advance, you may be discharged from our service.

How to find us

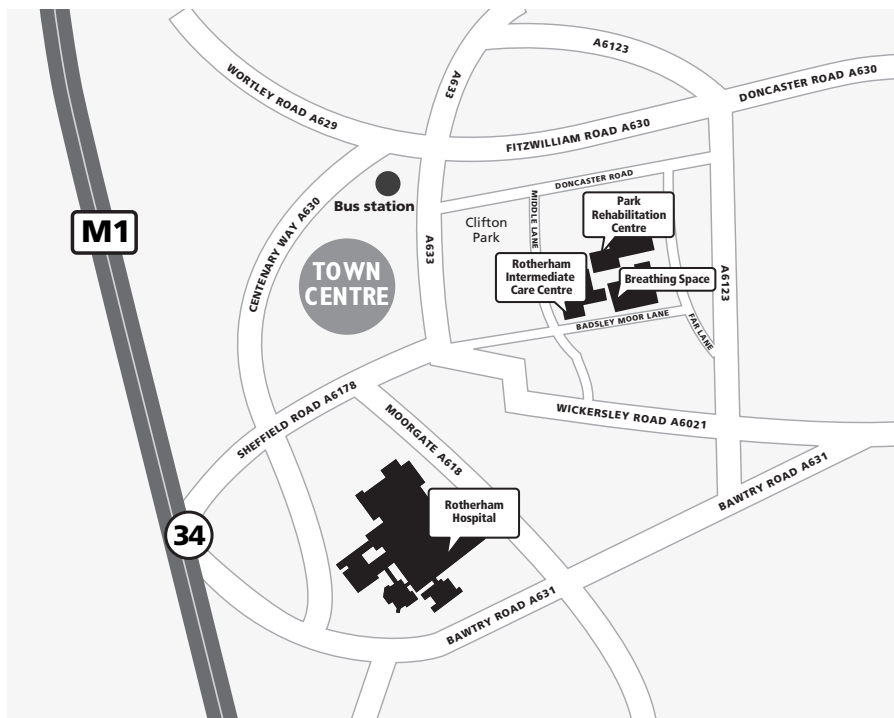
Please enter via the NHS site entrance on Badsley Moor Lane, Rotherham.

The Park Rehabilitation Centre is at the back of the grounds.

There is parking outside.

The postcode to enter into satellite navigation is S65 2QL.

For more information to plan your visit please visit the AccessAble website.
www.accessable.co.uk



Neurological Outpatients Service:

Telephone: 01709 302323

E-mail: rgh-tr.park.centre@nhs.net

E-mails are checked on a daily basis; we will reply on the same or next day

If you require this document in another language, large print, braille or audio version, please contact your healthcare provider.

