

Parent information for children having dental extractions



Anaesthetics

patientinformation

Bring your medicines when you come into hospital

Prescription medicines

Medicines you have bought

Alternative & herbal medicines

Inhalers



Hearing about your experience of our services is very important as it means we can pass compliments on to our staff and make improvements where necessary. Tell us what you think by emailing us at: yourexperience@rothgen.nhs.uk

Slovak

Ak vy alebo niekto koho poznáte potrebujú pomoc pri pochopení alebo čítaní tohto dokumentu, prosím kontaktujte nás na vyššie uvedenom čísle alebo nám pošlite e-mail.

Slovensky

Kurdish Sorani

كوردى سۆرانى
ناگهەر تۆ یان کەسێک که تۆ دەپناسی پێویستی بەیارمەتی هەبێت بۆ ئەوەی لەم بەلگەنامە بە تێبگات یان بێخویننیتەوه، تکلیه پەيوەندیمان پێوه بکە لەسەر ئەو ژمارەیهی سەروددا یان بەو نیمەبەلگە.

عربى

Arabic

إذا كنت أنت أو أي شخص تعرفه بحاجة إلى مساعدة لفهم أو قراءة هذه الوثيقة، الرجاء الاتصال على الرقم اعلاه، أو مراسلتنا عبر البريد الإلكتروني

Urdu

اردو

اگر آپ یا آپ کے جاننے والے کسی شخص کو اس دستاویز کو سمجھنے یا پڑھنے کیلئے مدد کی ضرورت ہے تو برائے مہربانی مندرجہ بالا نمبر پر ہم سے رابطہ کریں یا ہمیں ای میل کریں۔

Farsi

فارسی

اگر جناب عالی یا شخص دیگری که شما اورا می شناسید برای خواندن یا فهمیدن این مدارک نیاز به کمک دارد لطفاً با ما بوسیله شماره بالا یا ایمیل تماس حاصل فرمایید.

If you require this document in another language, large print, braille, audio or easyread format, please ask our healthcare providers*

*Note to healthcare providers:

Translated / easyread healthcare information can be sourced via the **Easyread websites** listed at the back of this leaflet or via contacting our translation company **Big Word**.

Big Word can be accessed through the search option on InSite.

Children having dental extractions

**Please follow these starving instructions.
If you do not follow these instructions,
your child's operation may be cancelled.**

Your child must have nothing to eat after:

- 2.00am if your operation is in the morning
- 7.00am if your operation is in the afternoon

This includes food, milk, sweets, chewing gum and fizzy drinks.

Your child may drink water or dilute squash until:

- 6.00am if your operation is in the morning
- 11.00am if you operation is in the afternoon

**Contact the ward you are expected on
if your child becomes unwell within
1 week of their planned operation**

Please come to

On

At

Children having dental extractions

About this leaflet

This leaflet is designed to give you information about the operation your child is going to have. Please refer to the leaflet "**Your child's general anaesthetic**" for important information about how to prepare your child for coming to hospital, what to bring with them, what to expect when you are at the hospital and information to enable your child to receive a safe general anaesthetic.

Why does my child need to have a tooth/teeth removed?

There are several reasons why this may have been recommended:

- Decay (rotten teeth)
- Infection
- Gum disease
- To create space so that teeth can be straightened with a brace

Are there any alternatives to dental extraction?

There are usually no alternative treatments. This will already have been discussed with your Surgeon in outpatient clinic.

What are the risks?

The main risk is bleeding. This usually settles on its own. Rarely your child may need another operation to stop this.

Children having dental extractions

How long will the operation take?

This will depend on how many teeth are being removed. When the operation has finished you child will be taken to the recovery area. When they have started to wake up you will be able to see them.

What will happen when we get back to the ward?

A nurse will check your child's pulse rate and breathing rate at regular intervals until your child is fully awake and back to their normal self. Once your child is ready then they will be given a drink. If they do not feel sick they will then be given something to eat.

After a tooth is removed, the cavity left behind is filled with blood, which clots and heals over. Do not disturb the blood clot, as there is nothing better you can put in its place. Do not rinse out, or poke at it with the tongue or handkerchief, especially not for the next 3 hours.



Will my child have any pain?

Your child may complain of some discomfort following this procedure. It is important that you tell your child's nurse if your child has any discomfort so that they can give them some medicine to make this feel better.

Children having dental extractions

When can my child go home?

If your child has minimal or no pain, their temperature is normal and they do not feel sick they will be allowed to go home. Very occasionally the Surgeon or Anaesthetist may advise that your child needs an overnight stay in hospital

Will there be any stitches?

There may be stitches inside your child's mouth. These will usually dissolve on their own. If the stitches are non-dissolving you will be given an appointment to return to clinic to have them removed. Please do not let your child pull them out.

Bleeding

When your child leaves the hospital, the bleeding will have stopped. Your child should not take part in any activity for the rest of the day, and should not return to school. If the wound is disturbed, it may start bleeding again. If this happens, don't be alarmed, take a clean handkerchief, roll it up like a sausage, place it over the wound and bite on it for 15 minutes by the clock. Repeat. Do not lie the child down. If the bleeding continues, contact the dentist who referred you, or in an emergency, contact Rotherham Hospital **Accident and Emergency** on 01709 424455.

Is there anything special I have to do to look after my child at home?

Yes, we suggest you give your child soft food initially and encourage them to drink plenty of fluid. Avoid hot food and drinks for the first 24 hours. Your child can brush their teeth the day after the operation. Encourage your child to wash their mouth out after meals.

Rinsing

Do not rinse today, but start tomorrow with lukewarm salt water. (1 teaspoon of table salt, to half a glass of warm water). The next day, and everyday afterwards, rinse with warm salt water, particularly after meals. This will help the healing.

Will my child have any pain at home?

When you go home it is advisable to give your child regular painkiller medicine for the first 24 to 48 hours even if they do not complain of discomfort. After this then you can give it as necessary. Paracetamol (Calpol) and/or Ibuprofen (Neurofen) can be given.

Children having dental extractions

Are there any complications which I must look out for once we have been discharged home?

The main complication is bleeding. If bleeding occurs apply direct pressure by biting on a clean rolled up handkerchief placed over the socket. Make sure that your child is sitting up. After 20 minutes the bleeding should have settled. If not then contact your Dentist. If you have problems contacting your Dentist then please seek advice from the contact numbers given or return to the Accident and Emergency Department.

If your child has any difficulties breathing or swallowing, develops a high temperature, has facial swelling that lasts more than 3 days or has severe pain which is not relieved by painkillers then you must contact your Dentist or the hospital.

When can my child go back to school?

This will depend on the number of teeth your child has had removed. Please ask your surgeon.

Will I need to see the Surgeon again?

The Surgeon will decide following the operation whether they need to see your child again in the outpatient clinic. You will be told this before you are discharged home.

How to contact us

Day Surgery

Telephone 01709 426500

Children's Ward 1

Telephone 01709 424271

Children's Ward 2

Telephone 01709 424049

Children's Assessment Unit

Telephone 01709 424053

Switchboard

Telephone 01709 820000

Useful contact numbers

**If it's not an emergency,
please consider using a
Pharmacy or call NHS 111
before going to A&E.**

NHS 111 Service

Telephone 111

Health Info

Telephone 01709 427190

Stop Smoking Service

Telephone 01709 422444

A&E

Telephone 01709 424455

**For GP out of hours,
contact your surgery**

Useful websites

www.therotherhamft.nhs.uk

www.nhs.uk

www.gov.uk

www.patient.co.uk

Easyread websites

www.easyhealth.org.uk

www.friendlyresources.org.uk

www.easy-read-online.co.uk

We value your comments

If you have any comments or concerns about the services we have provided please let us know, or alternatively you can contact the Patient Experience Team.

Patient Experience Team

The Oldfield Centre
The Rotherham NHS
Foundation Trust
Rotherham Hospital
Moorgate Road
Rotherham
S60 2UD

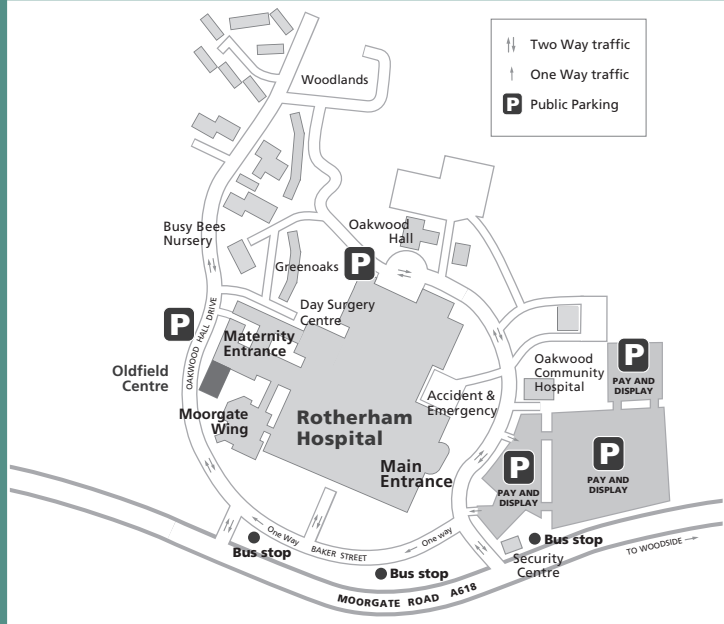
Telephone: 01709 424461

Monday to Friday
9.00am until 4.00pm

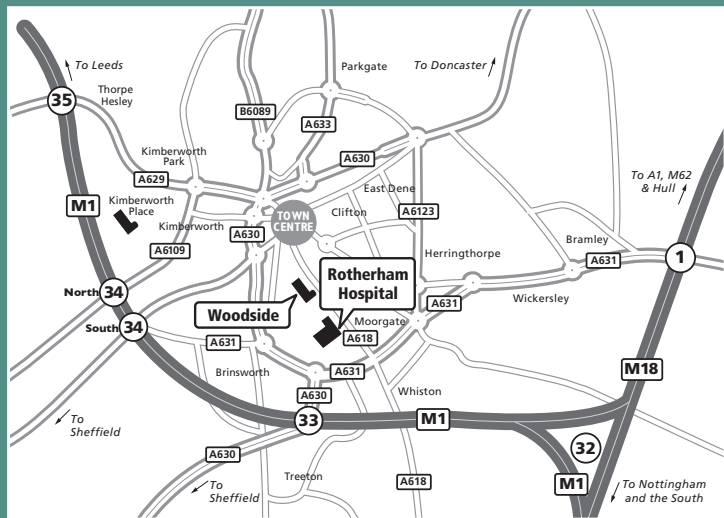
Email: yourexperience@rothgen.nhs.uk

How to find us

Hospital site plan



Rotherham main routes





Sustainable Forests / Low chlorine

LS 613 05/15 V3 Jones & Brooks



The Rotherham **NHS**
NHS Foundation Trust

Rotherham Hospital
Moorgate Road
Oakwood
Rotherham
S60 2UD

Telephone 01709 820000
www.therotherhamft.nhs.uk

