

The forget me not Scheme
Information for patients in hospital
and their carers



Hospital patient information

Bring your medicines when you come into hospital

Prescription medicines

Medicines you have bought

Alternative & herbal medicines

Inhalers



Hearing about your experience of our services is very important as it means we can pass compliments on to our staff and make improvements where necessary. Tell us what you think by emailing us at: yourexperience@rothgen.nhs.uk

Slovak

Slovensky

Ak vy alebo niekto koho poznáte potrebujete pomoc pri pochopení alebo čítaní tohto dokumentu, prosím kontaktujte nás na vyššie uvedenom čísle alebo nám pošlite e-mail.

Kurdish Sorani

كوردی سۆرانی

نەگەر تۆ یان کەسێک کە تۆ دەبناسی پێویستی بەیارمەتی هەبێت بۆ نەوادی لەم بەلگەنامە بە تێبەگات یان بێخۆنێتەوه، تکایە پەیوەندیمان پێوه بکە لەسەر ناو ژمارەیهی سەروددا یان بەو نێمانیله.

Arabic

عربي

إذا كنت انت أو أي شخص تعرفه بحاجة إلى مساعدة لفهم أو قراءة هذه الوثيقة، الرجاء الاتصال على الرقم اعلاه، أو مراسلتنا عبر البريد الإلكتروني

Urdu

اردو

اگر آپ یا آپ کے جاننے والے کسی شخص کو اس دستاویز کو سمجھنے یا پڑھنے کیلئے مدد کی ضرورت ہے تو برائے مہربانی مندرجہ بالا نمبر پر ہم سے رابطہ کریں یا ہمیں ای میل کریں۔

Farsi

فارسی

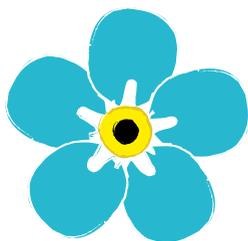
اگر جناب عالی یا شخص دیگری که شما او را می شناسید برای خواندن یا فهمیدن این مدارک نیاز به کمک دارد لطفاً با ما بوسیله شماره بالا یا ایمیل تماس حاصل فرمایید.

If you require this document in another language, large print, braille, audio or easyread format, please ask our healthcare providers*

*Note to healthcare providers:

Translated / easyread healthcare information can be sourced via the **Easyread websites** listed at the back of this leaflet or via contacting our translation company **Big Word**.

Big Word can be accessed through the search option on InSite.



Introduction

'Forget me not' is a Trust-wide scheme that supports us in recognising that some older people may need extra help due to cognitive problems, caused by ill health and a combination of delirium, memory loss, frailty or dementia.

The forget me not flower may be visible on wards and on the staff members' uniforms who have received specific training around good practice in dementia care.

What this leaflet is about

As part of the holistic assessments you have undergone as a patient here in the hospital, it has been identified, through the screening process that you may be experiencing a level of difficulty with your memory or cognition at the moment.

This could have been known to you and your family for a matter of time, or this may be new information. We want to offer our support and help to enable you, and your carers, to be involved in your care and the planning for your safe and effective discharge.

Working in partnership with the Rotherham Dementia Action Alliance

The Rotherham NHS Foundation Trust is proud to work in partnership with the Rotherham Dementia Action Alliance.

The Rotherham Dementia Action Alliance is committed to helping raise awareness of dementia and its impact upon those who have the condition or are otherwise affected by it. It is also committed to help facilitate change which will enable local people to live well with dementia.

The Rotherham Dementia Action Alliance understands from listening to the experiences of those who are directly affected by dementia, that many barriers still need to be broken down if every aspect of our community life is to become welcoming, accessible and supportive.

Together we believe that creating a more dementia friendly Rotherham is something that will not only benefit those affected by dementia now but that it will make it an even better place to live in and do business in for generations to come.

DAA
Rotherham & District
Dementia Action Alliance



National context

Dementia is the greatest health concern for over 55s and there are now over 850,000 people living with dementia across the UK.

The government has put dementia on the national agenda through a series of initiatives, from the National Dementia Strategy in 2009, to the Prime Ministers Dementia Challenge in 2020.

Within the NHS, it remains on the NHS Operating Framework which aims to improve the care of older people and those with dementia, through early detection and referral for specialist assessment, treatment and care. (*CQC State of Care Report 2011/12*)

Locally

In line with the rest of the country, the most significant demographic change occurring in Rotherham is the growth in the number of older people; 18% of the population are aged 65 and over but this is expected to rise to over 20% by 2021.



What is The 'Forget me not' Scheme?

- The 'Forget me not' Scheme provides a means of identifying those people who will require extra support whilst under the care of the Trust, both in the hospital and in the community.
- This will be led by your individual needs and could be helping with the choices for food and drink, promoting safe walking and falls prevention, or maintaining independence in managing your self-care.
- 'Forget me not' is also aimed at supporting the carers of those people who are under the scheme. We know that for many people, their carer is the person who best understands their wishes and can help us to deliver care.
- To help us know what your needs are, we will ask that you complete the 'This is me' document. The easiest way to complete the information is to answer as many of the questions together with a family member, carer or friend.
- 'This is me' offers a way for staff to help you, in a way that really means something to you as a person; we call it 'person centred care'. Person centred care puts you at the centre of all that we do.

Forget me not

- With your consent, we may also ask for your carer or family member to be part of the discussions regarding your treatment and discharge planning from our care.
- The 'Forget me not' Scheme also helps to raise awareness of dementia and provide information on local services, in alliance with The Rotherham Dementia Action Alliance.

What happens next?

The ward area you are staying on has access to a Dementia Champion, who will be a link for you during your stay.

The role of the Dementia Champion is to support you, your family and other staff in your care and link you to other support available locally.

Your nearest Dementia Champion is:

on Ward:

'This is me' document

Date completed:

Discharge planning meeting

Date held:

How to contact us

Dementia Care Lead Nurse

Email dementia@rothgen.nhs.uk

Switchboard

Telephone 01709 820000

Useful contact numbers

National Dementia Helpline

Telephone 0300 222 1122

The Rotherham Memory Clinic

(advice, support, diagnosis and treatment)

Telephone 01709 302955

Alzheimer's Society Rotherham and Doncaster Branch

(advice, support, dementia café and befriending services)

Telephone 01709 580543

Crossroads Care

(advice and support for carers, reablement service for people with confusion and dementia)

Telephone 01709 360272

Age UK

(advice and support and hospital after care service)

Telephone 01709 786958

Home Instead

(advice and tailor made services at home)

Telephone 01709 837170

If it's not an emergency, please consider using a Pharmacy or call NHS 111 before going to A&E.

For GP out of hours, contact your surgery

NHS 111 Service

Telephone 111

Health Info

Telephone 01709 427190

Stop Smoking Service

Telephone 01709 422444

A&E

Telephone 01709 424455

Useful websites

www.dementiaaction.org.uk

www.alzheimers.org.uk

www.therotherhamft.nhs.uk

www.nhs.uk

www.gov.uk

www.patient.co.uk

Easyread websites

www.easyhealth.org.uk

www.friendlyresources.org.uk

www.easy-read-online.co.uk

We value your comments

If you have any comments or concerns about the services we have provided please let us know, or alternatively you can contact the Patient Experience Team.

Patient Experience Team

The Oldfield Centre

The Rotherham NHS Foundation Trust

Rotherham Hospital

Moorgate Road

Rotherham

S60 2UD

Telephone: 01709 424461

Monday to Friday

9.00am until 4.00pm

Email: yourexperience@rothgen.nhs.uk

Produced by Dementia Care Lead Nurse, Maria Palmer, April 2014.

Acknowledgement for Alzheimer's Society's 'This is me' document.

Revised by Dementia Care Lead Nurse, Beth Goss, May 2015.

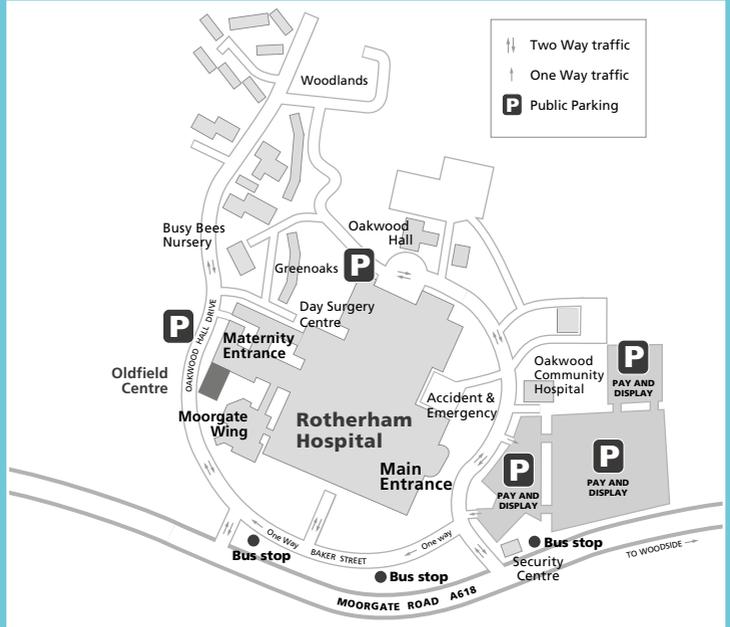
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How to find us

Hospital site plan



Rotherham main routes





LS 766 05/15 V2 Jones & Brooks



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NHS Foundation Trust

Rotherham Hospital
Moorgate Road
Oakwood
Rotherham
S60 2UD

Telephone 01709 820000
www.therotherhamft.nhs.uk

DAA
Rotherham & District
Dementia Action Alliance

Rotherham is
Working to become
**Dementia
Friendly**

