**FOI Ref: 6056**

**Category(ies): Trust - Estates and Facilities/Security**

**Subject: Use of Restraints**

**Date Received: 14/10/21**

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| **Your request:** | **Our response:** |
| 1. Does the NHS Trust authorise the use of any kind of mechanical restraint? | No |
| 2. What types of Mechanical Restraint is authorised? e.g. Handcuffs; Soft Cuffs; Velcro Leg restraints; Emergency Response Belts (ERB). Spit hoods | N/A |
| 3. Is the necessary training to apply the authorised form of mechanical restraint linked to a nationally recognised training qualification? | N/A |
| 4. Does the NHS Trust authorise the use of Posey Mitts, if a risk assessment deems them to be a reasonable and proportionate response? | No |
| 5. Total number of recorded incidents of mechanical restraint usage (of any type) if in use for the period September 2020 -September 2021 | N/A |