**FOI Ref: 6199**

**Category(ies): Clinical – Service Activity**

**Subject: Hydrotherapy**

**Date Received: 24/01/2022**

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| **Your request:** | **Our response:** |
| Original Form Sent with FOI Request  |
| **ACCESS TO AQUATIC PHYSIOTHERAPY** |
| 1. Does your Trust / Health Board have access to a hydrotherapy pool?
 | x Yes~~☐ No~~~~☐ Not anymore~~ |
| 1. If you do have access are your hydrotherapy pools onsite or offsite? (Tick all that apply)
 | ~~☐ Onsite~~x Offsite (NHS Facility)~~☐ Offsite (Non NHS Facility)~~ |
| 1. Were all your hydrotherapy pools open prior to the COVID-19 pandemic?
 | x Yes~~☐ No~~ |
| 1. If you do not have access to hydrotherapy pools, please tick all answers that apply to answer why that is.
 | ~~☐ Closed Due to COVID-19~~ ~~☐ Lack of funds~~~~☐ Insufficient space~~~~☐ No local pool available~~ ~~☐ Not enough adequately trained staff~~~~☐ Lack of appropriate local patient population~~~~☐ Other (please specify~~) |
| 1. How many hydrotherapy pools exist on your NHS Trust / Board’s estate? Include those closed prior to COVID-19.
 | one |
| 1. What are your closed hydrotherapy pools / departments now used for?
 | N/A |
| **REOPENING OF HYDROTHERAPY POOLS** |
| 1. Will all your hydrotherapy pools be re-opening?
 | x Yes, they are already open (for rehabilitation sessions only) ~~☐ Yes, there are plans to reopen~~~~☐ No~~~~☐ Not sure / don’t know~~  |
| 1. When are your hydrotherapy pools scheduled to re-open?
 | ~~☐ Within 3 months~~~~☐ Within 6 months~~~~☐ Within 9 months~~~~☐ Within 12 months~~x Other (please specify)We are unsure of the timescale all sessions to return  |
| 1. If your hydrotherapy pools are not scheduled to reopen, why is that? *(Please select all that apply)*
 | ~~Changing area capacity~~~~☐ Staffing to clean~~~~☐ Access to pool~~~~☐ Staff still redeployed~~~~☐ Other (please specify)~~ |
| 1. If your hydrotherapy pools are not scheduled to reopen, has a full public consultation taken place?
 | ☐ Yes☐ No |
| 1. If your hydrotherapy pools are not scheduled to reopen has an equality impact assessment taken place?
 | ☐ Yes☐ No |
| **OPERATING HYDROTHERAPY POOLS** |
| 1. If your hydrotherapy pools are open or scheduled to open is / will your aquatic physiotherapy (hydrotherapy) service capacity be reduced as a result of COVID-19?
 | x Yes~~☐ No~~ |
| 1. What capacity are / will you be able to offer compared to pre pandemic?

Please enter a percentage (%). |  50% |
| 1. Is / will your service be provided on a 1:1 basis?
 | ~~☐ Yes,~~ X No we can take more than 1 patient in the pool at a time. |
| 1. Is / will your service be provided with the therapist instructing from poolside
 |  ~~Yes,~~ x No our therapist is able to treat from within the pool |
| 1. Approximately how many sessions did you have access to your hydrotherapy pools on a weekly basis pre pandemic? (Where one session = one morning, afternoon or evening clinic)
 |  18 |
| 1. Approximately how many sessions do you currently have access to your hydrotherapy pools on a weekly basis?
 |  9 |
| 1. Which services use your hydrotherapy pools?
 | x Rheumatology x MSKx Orthopaedicsx Neurologyx Paediatrics x Other (please specify) Learning Disabilities |
| 1. Are your hydrotherapy pools used by inpatient or outpatient services?
 | ☐ Inpatients only☐ Outpatients onlyx Both inpatients and outpatients |
| 1. Prior to the pandemic did you provide out of hours access to your hydrotherapy pools to patient groups or private groups? e.g. NASS, Private Clinics (Please provide a list)
 | x Yes ☐ NoNASSRotherham Parents ForumFoggy FriendsCardiac RehabSelf Help Sessions |
| 1. Have these sessions restarted? (Please provide a list of those which have restarted)
 | X Yes ☐ NoCardiac Rehab |
| 1. Do you currently audit the use and effectiveness of aquatic physiotherapy (hydrotherapy)?
 | ☐ Yes  X No |
| 1. Please list outcome measures or tools used to audit the use and effectiveness of aquatic physiotherapy (hydrotherapy)?
 |   Patient specific functional goals  |
| 1. If you are happy to be contacted for further information to support aquatic physiotherapy (hydrotherapy) services remobilise please provide an email address below.
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