

Nexplanon implant REMOVAL aftercare advice

- You have had the contraceptive implant removed from your arm.
- The area where your implant was removed from may feel numb for 2-3 hours after the removal. If you experience any pain, you may take painkillers e.g. Paracetamol as instructed by the manufacturer.
- Keep the dressing on for 2 days.
- Keep the steri-strips and wound area clean and dry for the next 5 days. You may notice some bruising on your arm when you remove the dressing. It will clear up in a few weeks' time.
- If you notice any swelling, redness, or weeping from the implant site, please contact us on **01709 427777**.
- Your fertility will return to normal straight away unless you are using an alternative hormonal method of contraception.

Integrated Sexual Health Services

Telephone 01709 427777

Rotherham Hospital, Moorgate Road, Rotherham S60 2UD

patient information

